

CSTAR program at a glance

Treatment is assigned following individual evaluation by credentialed substance abuse professionals. Each of three treatment levels is arranged to address an individual's specific needs and to provide the best opportunity for recovery and long-term rehabilitation. A client may enter the CSTAR program at any point in the continuum as directed by evaluators. Each level is time-limited.



The ultimate goal is to achieve and maintain abstinence, remove functional impairments, reintegrate into the community and engage in productive, meaningful life while minimizing the risk and opportunity for relapse.

The CSTAR program is available exclusively to Medicaid-qualifying clients.

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**SIGMA HOUSE
RECOVERY CENTER**
800 S. Park Ave.
Springfield, MO 65802
Phone: 417-862-3339
FAX: 417-862-3362

**LARRY SIMMERING
RECOVERY CENTER**
360 Rinehart Road
Branson, MO 65616
Phone: 417-335-5946
Fax: 417-335-5978

**SIGMA HOUSE CENTRAL
RECOVERY CENTER**
204 N. Main St.
Nixa, MO 65714
Phone: 417-724-9232

Website: www.sigmahouse.org
Email: info@sigmahouse.org

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RECOVERY CENTER

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RECOVERY CENTER



Three levels of treatment
and continuum of care
determined by
individual needs
and treatment history



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Hope in Action



CSTAR Comprehensive Substance Treatment and Rehabilitation

Levels of treatment are customized to meet the needs of each individual client for long-term success.

Level I

Primary Treatment

Structured, intensive and closely supervised, Level I treatment is delivered on a daily or almost daily basis to achieve and maintain sobriety. Treatment may include residential stabilization if needed.

Level II

Rehabilitation

Level II offers intermediate care. Any combination of services is delivered on a weekly basis. Level Two is for clients who are not in crisis but need active participation to initiate and/or sustain recovery.

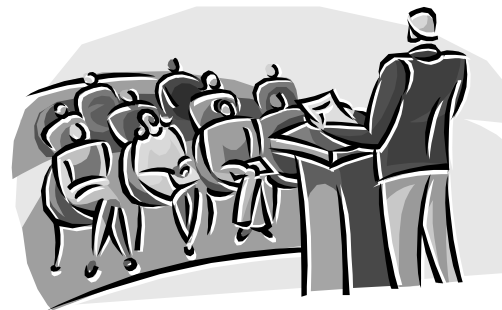
Level III

Supported Recovery

The least structured and intensive of the CSTAR program, Level III can consist of any combination of services delivered on a monthly basis.

CSTAR Services

- ◆ Assessment
- ◆ Assessment and Diagnostic Update
- ◆ Day Treatment
- ◆ Extended Day Treatment
- ◆ Individual Counseling
- ◆ Group Counseling
- ◆ Group Education
- ◆ Trauma Individual Counseling
- ◆ Trauma Group



Education

- ◆ Family Therapy - Office
- ◆ Family Therapy - Home
- ◆ Communicable Diseases Pre & Post Test Counseling
- ◆ Collateral Individual Counseling
- ◆ Collateral Group Counseling
- ◆ Outcome Measurement
- ◆ Medication Services
- ◆ Medication-Assisted Treatment
- ◆ Clinical Supervision of Counselors
- ◆ Individual Co-Occurring Disorder Counseling
- ◆ Drug Testing
- ◆ Clinical Outreach
- ◆ Community Support

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